

— Positive thinking vs. Delusional thinking



Positive thinking without adequate competence equates to delusional thinking.

Positive thinking without adequate commitment equates to delusional thinking.

Positive thinking without adequate training equates to delusional thinking.

Positive thinking without adequate skill sets equates to delusional thinking.

Positive thinking without an adequate knowledge base equates to delusional thinking.

Positive thinking without awareness of public identity equates to delusional thinking.

Positive thinking combined with low energy equates to delusional thinking.

Positive thinking combined with low industriousness equates to delusional thinking.

Positive thinking backed by magical thinking equates to delusional thinking.

Positive thinking backed by more positive thinking equates to delusional thinking.

Positive thinking without the willingness and ability to hold frame equates to delusional thinking.

Positive thinking combined with high neuroticism equates to delusional thinking.

Positive thinking combined with low stress tolerance equates to delusional thinking.

Positive thinking combined with low realism equates to delusional thinking.

Positive thinking while operating off of irrational assumptions equates to delusional thinking.

So:

Be radically honest with yourself.

Be clear on your endgame.

Be willing to bleed for what matters to you.

Bracket anything in your way.

Utilize “grounded” common sense.

Endure.

— Dusan Djukich