

— Intelligent underachievers



Intelligent underachievers are quite common.

They're usually frustrated people.

They're usually unhappy people.

After all, no one likes frequently losing.

Common sources of underachievement include:

1. Ignorance of what actually constitutes a commitment.
2. Unwillingness to acknowledge little or no competence.
3. Magical thinking.
4. Unworkable use of affirmations.
5. Unawareness of dysfunctional public identity.
6. Delusional use of positive thinking.
7. Avoidance of necessary required actions.
8. Wrong public.
9. Failure to hold frame.
10. Substitutes descriptive language for generative language.
11. Toxic self-absorbed personality.
12. Soft inner stance.
13. Low realism.
14. Low stress tolerance.
15. High neuroticism.
16. Weak social skills.
17. Endurance issues.
18. Comfort addict mentality.
19. Issues with confrontation.
20. Pursuing a wrong target.
21. Self-honesty issues.
22. Lack of ownership.
23. Weak, scattered, or low energy.
24. High approval seeking mentality.
25. Weak relationship to practice.
26. Low integrity.

— Dusan Djukich