

— Fun



People who experience authentic fun tend to experience more peace and success in life. Fun is created. It is not found.

Real fun is not running around being a mindless airhead.

Real fun is not finding new stuff to distract yourself with.

Real fun is not about being a hyper-excited positive thinker.

Real fun is experienced when there is a lack of heaviness, figuring things out, and resistance.

Real fun arises from:

1. Clarity on outcomes.
2. Observing and making distinctions as opposed to trying to figure things out.
3. Upbeat engagements.
4. Relentless curiosity.
5. Bracketing what's unworkable.
6. Dropping disempowering conversations.
7. Being for a significant impact.
8. Radical self-honestly.
9. Knowing who you are.

Dusan Djukich



— **INNER
STANCE.**

**Start getting results
today for tomorrow.**

www.innerstance.com